

## 2025 Baseball Pitch Count Information Sheet

LL Type	League Age	Division	Pitch Count Maximum	Notes
<b>Baseball</b>	9 - 10	Minor	75	May ONLY pitch in one game per day. Pitcher once removed cannot return as pitcher.
	10	Major	75	May ONLY pitch in one game per day. Pitcher once removed cannot return as pitcher.
	11-12 yrs	Major and 50/70	85	May ONLY pitch in one game per day. Pitcher once removed cannot return as pitcher.
	13 years	50/70	95	May ONLY pitch in one game per day. Once removed, may return as pitcher if remaining in game on defense (if limit not met).
	13 - 14 yrs	Junior	95	May pitch in two (2) games in one day if pitch less than 31 pitches. Once removed, may return as pitcher if remaining in game on defense (if limit not met).

**\*\*If pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs:**

1. That batter reaches base.
2. That batter is put out.
3. The third out is made to complete the half-inning or the game.

The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, provided that pitcher is removed, or the game is completed before delivering a pitch to another batter.

### Rest Periods for Minor, Major, 50/70, and Junior divisions

1 - 20 pitches	Zero (0) calendar days of rest
21 - 35 pitches	One (1) calendar day of rest
36 - 50 pitches	Two (2) calendar days of rest
51 - 65 pitches	Three (3) calendar days of rest
66 or more pitches	Four (4) calendar days of rest

**Calendar day rest is midnight to midnight.** Example: Joe delivers 32 pitches in a 6:00PM game on Friday. His rest time begins at midnight on Friday (12:00AM immediately following the completed game) and extends 24 hours. Joe is eligible to pitch again on Sunday at 12:01AM.